

The Power in True Principles to Overcome Addiction

Two stake firesides and LDS Family Services seminars
by noted authors Colleen C. and Phil Harrison

From Heartache to Healing

Saturday, March 12, 9am~1pm Workshop for All Adults

Danville Sycamore Chapel

SESSIONS:

- 1: "Redemption, Recovery and Rebirth: the Common Need in Us All"
- 2: "From Exquisite Pain to Exquisite Joy: a 12-step Journey of Recovery"
- 3: **BREAKOUT SESSION ONE:**
Women: "What Can I Do to Help Him?: a Wife and/or Mother's Plea"
Men: "Regaining Clean Hands and a Pure Heart Through the Redeeming Power of Christ"
- 4: **BREAKOUT SESSION TWO:**
A: "Dealing with Unhealthy Eating, Overachieving, Codependency and Depression as Addictions"
B: "The Tools of Recovery: Connecting with the Powers of Heaven to Overcome Addiction"

NOTE: Lunch will NOT be provided

DIRECTIONS TO DANVILLE CHAPEL, 655 OLD ORCHARD RD:
I-680 to Sycamore Valley Rd., exit East; two long blocks to
Old Orchard Road, turn left; then left again at Big Oak Tree Lane.

Saturday Night, March 12, 7:30pm Relationship Fireside

San Rafael Stake Center

"Becoming One Through the Atonement:
Supporting Each Other in Recovery"

DIRECTIONS TO SAN RAFAEL STAKE, 220 N SAN PEDRO RD:
Hwy 101 to North San Pedro Rd., San Rafael, exit East; .8 mi to
chapel on the right.

Sunday Night, March 13, 7pm Youth (14+) & Parents Fireside

Pleasanton Stake Center

"Swim for Shore! From a Family in Crisis to
a Family in Christ"

DIRECTIONS TO PLEASANTON STAKE, 6100 PASEO SANTA CRUZ:
I-680 to Bernal Ave., Pleasanton, exit East; .3 mi to Valley Ave., turn
left; .6 mi to chapel on the left.

FOR MORE INFORMATION:

Elder & Sister Moss
(925) 937-9586

Colleen C. Harrison is the author of the LDS 12-step handbook, *He Did Deliver Me from Bondage* and husband, **Phil Harrison**, authored *Clean Hands, Pure Heart*



March 12 & 13

Danville, San Rafael, Pleasanton